## THE MOTHERS' UNION PROVINCE OF SCOTLAND

## **Scottish Charity Number SC036459**

# Trustees' Annual Report and Accounts for the Year Ended 31st December 2022

### Bank

Clydesdale Bank, Perth Branch, 158/162 High Street, Perth PH1 5UH

## **Independent Examiner**

David Gow

## **Structure and Governance**

The Mothers' Union Province of Scotland ('the Province') is part of the worldwide Mothers' Union and is governed by its Constitution, which was last modified and adopted by the Provincial Council at its meeting on 7 July 2020. The Constitution incorporates the objects and regulations of The Mothers' Union, 24 Tufton Street, London SW1P 3RB, registered charity number 240531 (referred to as Central MU in this report and accounts).

### **Current Trustees**

Catherine Pow (Diocesan President – Edinburgh)

Maxine Gow (Diocesan Representative – Glasgow & Galloway)

Deborah Munday (Provincial President and Diocesan President – Moray, Ross & Caithness – Chair of Trustees)

Sarah Gammell (Diocesan President – St Andrews, Dunkeld and Dunblane with Brechin)

## **Contact Address**

c/o Paul Hindle, Honorary Treasurer, 40 Garngaber Avenue, Lenzie, Glasgow G66 4LL

## Recruitment and appointment of Trustees

The trustees are the Provincial President (where one is elected) and the Diocesan Presidents of the five active dioceses. Deborah Munday was elected Provincial President starting 1 January 2022. Aberdeen and Orkney has not elected a Diocesan President therefore that Trustee position was vacant throughout the year and continues to be vacant.

## Management

The Province is managed by the Trustees assisted by the Provincial Officers, who are appointed by the Trustees and approved by the Provincial Council. The Provincial Officers

current during the period of this report were Wendy Petrie (Hon. Secretary) and Paul Hindle (Hon. Treasurer).

The Primus of the Scottish Episcopal Church, currently the Most Revd. Mark Strange, is our Patron. He continues to be very supportive in all that we do and all that the Mothers' Union stands for, although he is not involved in the day-to-day management of the Province.

The Province is represented at the Central MU's Worldwide Council and on its Britain and Ireland Committee by Deborah Munday, Provincial President.

The Province is entitled under the Central MU constitution to elect a Zonal Trustee for Scotland. The Zonal Trustee sits on the Central MU's Worldwide Board, but is not involved in the day-to-day management or operation of the Province by virtue of holding that role. He does, however, have a consultative role in Provincial affairs. The present holder of the Zonal Trustee role for Scotland, Paul Hindle, is currently also the Hon. Treasurer of the Province.

The Trustees met formally on three occasions during the year in addition to holding two meetings of the Provincial Council. All meetings were held virtually due to Coronavirus restrictions.

# **Charitable Objectives**

- To uphold Christ's teaching on the nature of marriage and promote its wider understanding.
- To encourage parents to bring up their children in the faith and life of the Church.
- To maintain a worldwide fellowship of Christians united in prayer, worship and service.
- To promote conditions in society favourable to stable family life and the protection of children.

### **Activities and achievements**

The normal activities of Mothers' Union members in the Province continued to be curtailed by COVID-19 concerns throughout most of 2022. In particular, the following were affected:

- our work to provide play areas at visiting times in Low Moss and Glenochil prisons was suspended
- we have not been able to provide facilities for breast-feeding and nappy changing at one of the summer's agricultural show grounds as we have in the past because the event was cancelled
- We had to stop visits to Care Homes
- Special Church services, Quiet days, and Messy Church were all put on hold
- We were unable to open our annual Pop-Up Charity shop to raise funds and provide an outreach opportunity

- fundraising events to help with the national MU Summer Appeal did not go ahead
- our Spiritual Befriending Service for victims of trafficking was unable to operate

Nevertheless, members continued to respond and reach out to their communities and beyond through their various projects as Covid-19 precautions permitted.

Small knitted garments for premature babies and gowns for stillborn babies were given to hospitals. Hats for seafarers, fiddle blankets for dementia sufferers and bonding squares for babies in special care were also made.

New baby packs, toothbrushes/toothpaste for Malawi and underwear for Africa are some of the items made or collected for overseas projects.

Items collected and donated for local distribution include Christmas gifts for the housebound, pants and socks for prisoners on remand, Christmas cards to prisoners, Toiletries and towels for prisoners on release, cards for prisoners to send. We also put together emergency toilet bags for local hospitals and women's refuges.

We provide short holidays for families who need to get away for a while and where appropriate, we work in partnership with other organisations to support the respite they can offer. A particular highlight was a revival of a venture in collaboration with Women's Aid and the Field Study Centre (FSC) to provide a holiday on the Isle of Cumbrae for six families in July 2022. As well as providing a complete break for the participants, it was highly educational and enjoyable. It has continued to attract considerable interest beyond the Province and looks set to be replicated elsewhere throughout the Great Britain and Ireland.

We continue to raise the profile of domestic abuse to church members and the wider public and pray for the victims. We take part in the 16 days of Activism against Gender Based Violence by holding services and other events across the Province, almost all online this year. Also, two members received Domestic Abuse awareness training funded by the Province during the year.

We were delighted that our annual 48-hour residential Retreat at Kinnoull in Perth was able to go ahead in 2022. It attracted a full house of 25 retreatants. It was led by the Revd Dr Dennis Berk and provided an opportunity for spiritual reflection and prayer in a tranquil setting. The retreat is open to all from across the Province and beyond. Financial assistance is provided where needed to ensure that finance is not a barrier to attending.

We have continued to support our members however we can and have sent monthly prayers to all members to replace our usual times of prayer in churches across the Province. Some groups have managed to hold small outside meetings when permitted and others keep in touch via Zoom, Facetime or Teams.

The Province is represented on several national bodies; the Scottish Government Cross Party Prison group, the World Day of Prayer, the Scottish Interfaith Group on Domestic Abuse, ACTs (Action of Churches Together) Anti Human Trafficking Group and the Interdenominational Forum of Christian Women's organisations. Provincial representatives were guests of several other Christian women's organisations at their annual meetings and other significant events, most of which were held online or cancelled.

We have three facilitators trained in a new Central MU initiative called Metamorphosis. Metamorphosis has proved to be powerful in finding out what members and their communities need and can offer each other. The programme has been trialled in one Scottish diocese with encouraging results. Our plans to extend the programme to other places across Scotland had to be paused, but it is hoped that Metamorphosis will be valuable to the mission of the Scottish Episcopal Church and help to strengthen links between MU and the church in the years ahead and perhaps help to develop new branches at churches where MU does not currently exist. To this end, an Episcopal Ordinand who took part in Metamorphosis training last year completed her training in 2022 and will be ordained in 2023.

Our Community Development Workers overseas are supported by our members.

Prayer is integral and underpins all we do.

## Trustee's remuneration and expenses

The trustees did not receive any remuneration. They are entitled to travel expenses for journeys undertaken on behalf of the Province at actual cost for public transport or at the follow-on rate approved by Her Majesty's Revenue and Customs for using their own private cars, currently 25p per mile. In addition, the Trustees are entitled to reimbursement at actual cost for purchases made on behalf of Province.

### **Financial Review**

Unrestricted funds showed a surplus of £1,525.03. This was mainly due to a grant of £562.50 received from the Central MU and a balance of subscriptions of £784.00 held by the Province on behalf of some of the dioceses who participate in the collection of subscriptions by Direct Debit. Expenditure continued to be constrained by Covid restrictions. At the year end, the Province had unrestricted reserves amounting to £8,157.63. It is the policy of the charity to maintain unrestricted funds at the level which equates to at least four months' unrestricted expenditure. The current level of reserves exceeds the requirements of this policy.

There was a substantial surplus of £10540.01 in the total of Restricted/Designated Funds. The three main funds, Retreat, Training and General Meeting Trip, aim to break even. A new designated fund was created during the year to hold the residual funds sent to the Province on the closure of the Diocese of St Andrews, Dunkeld and Dunblane with Brechin as a registered charity. The Diocese now operates as an autonomous group within and partially supported by the Province. This fund was largely responsible for the surplus. The Retreat Fund showed a deficit of £1709.34 due to the payments made by intending retreatants in prior years finally being expended on the 2022 Retreat. This would have been larger but for the advanced payments of £1,230 made close to the year-end in respect of the 2023 Retreat.

There was no General Meeting Trip in 2022 and it now looks unlikely that there will be one in the foreseeable future. The Trustees may consider releasing these funds for general use in future.

The Provincial Training fund showed a small deficit due to funding Domestic Abuse training for two members.

Finally, the Central MU Donations Fund showed no activity during the year and continues at a zero balance as intended.

### Statement of Risk

The Province has no paid employees and the Central MU arranges insurance cover on behalf of the Province and the dioceses in Scotland to cover the activities of their volunteers. The risks to the Province of undertaking its activities are kept under regular review by the trustees and officers and, in particular, the risks involved in an individual activity or programme are fully considered prior to embarking on the same.

# Statement of Trustees' Responsibilities

The Trustees are required to prepare proper financial statements for each financial year showing the charity's receipts and payments, including surplus or deficit for that period.

The Trustees are responsible for ensuring that proper accounting records are kept which disclose with reasonable accuracy at any time the financial position of the charity and which enables them to ensure that the financial statements comply with the Charities and Trustee Investments (Scotland Act 2005) and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf.

Deborah Munday, Trustee

Date 5<sup>th</sup> September 2023

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES/MEMBERS OF MOTHERS' UNION, PROVINCE OF SCOTLAND

### **REGISTERED CHARITY NO. SC036459**

I have examined, without carrying out an audit, the accounts for the year ended 31 December 2021 set out on pages 7 to 10.

# Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

## **Basis of Independent Examiner's statement**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

## **Independent Examiner's Statement**

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr David Gow

**Chartered Accountant (retired)** 

12 Alder Road

**Milton of Campsie** 

Glasgow

G66 8HH

Date: 21st August 2023

# THE MOTHERS' UNION - PROVINCE OF SCOTLAND SCOTTISH CHARITY NO. SC036459

# STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2022

		Unrestricted Funds	Restricted /Designated Funds	Total 2022	Total 2021
RECEIPTS	Note	£	£	£	£
Provincial	1	267.53		267.53	10.40
Retreat	2	-	2,510.00	2,510.00	(170.00)
Training		-	-	-	-
Prov. President's Expenses	3	562.50	-	562.50	750.00
Insurance	4	-	-	-	54.49
General Meeting Trip		-	-	-	-
Central MU Donations	5	-	-	-	-
AFIA Income		-	-	-	-
Subscription Income	6	2,744.00	-	2,744.00	2,688.00
Diocesan Sourced Funds	7	-	14,824.35	14,824.35	
<b>Total Receipts</b>		3,574.03	17,334.35	20,908.38	3,332.89
PAYMENTS					
Provincial		(89.00)	-	(89.00)	-
Prov. President's Expenses	3	-	-	-	-
Retreat	2	-	(4,219.34)	(4,219.34)	-
Training		_	(75.00)	(75.00)	-
Insurance	4	_	-	-	-
General Meeting Trip		-	-	-	-
Central MU Donations	5	-	-	-	-
AFIA costs		-	-	-	-
Subscription expenditure	6	(1,960.00)	-	(1,960.00)	(2,264.00)
Diocesan Support Payments	8	-	(2,500.00)	(2,500.00)	,
<b>Total Payments</b>		(2,049.00)	(6,794.34)	(8,843.34)	(2,264.00)
Surplus (Deficit)		1,525.03	10,540.01	12,065.04	1,068.89

# THE MOTHERS' UNION - PROVINCE OF SCOTLAND SCOTTISH CHARITY NO. SC036459

# STATEMENT OF BALANCES AS AT 31<sup>ST</sup> DECEMBER 2022

FUNDS RECONCILIATION	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Cash at bank and on hand on 31December 2021	6,462.60	5,216.79	11,679.39	10,610.50
Surplus / (Deficit) for year	1,525.03	10,540.01	12,065.04	1,068.89
Cash at bank and on hand on 31 December 2022	8,157.63	15,586.80	23,744.43	11,679.39
BANK AND CASH BALANCES Current Account Cash on hand			23,735.88 8.55	11,670.84 8.55
		<b>Total Funds</b>	23,744.43	11,679.39

The notes on the following three pages form an integral part of these accounts.

Approved by the Trustees and signed on their behalf

Deborah Munday, Trustee

Date \_\_\_5<sup>th</sup> September 2023

# NOTES TO THE ACCOUNTS

1 Provincial R	1 Provincial Receipts		
1 1 1 0 VIII CIUI I	Bank interest	£ 267.53	
	Total	267.53	
2 Retreat			
	Retreat Payment Received	2,510.00	
	Retreat Accommodation Invoice Paid	(4,160.00)	
	Retreat Leader Expenses	(59.34)	
	Total	(1,709.34)	
3 Provincial P	resident Expenses		
	Received from Central MU	562.50	
	Expenses paid out	-	
	Total	562.50	
4.7			
4 Insurance	Insurance Premium reimbursed to Central MU		
	Insurance reimbursements received from dioceses	-	
	Net Current Position		
5 Cantral MII	Donations		
3 Central Mic			
5 Central Mio	The Central MU Donations Fund saw no activity		
5 Central WIO			
	The Central MU Donations Fund saw no activity during the year.		
	The Central MU Donations Fund saw no activity during the year.	2.744 00	
	The Central MU Donations Fund saw no activity during the year.  IS  Direct Debit Subscriptions collected for Province	2,744.00 (1.960.00)	
	The Central MU Donations Fund saw no activity during the year.  Solution  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU	,	
	The Central MU Donations Fund saw no activity during the year.  IS  Direct Debit Subscriptions collected for Province	2,744.00 (1,960.00) - <b>784.00</b>	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Solution  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position	(1,960.00)	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Solution  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments	(1,960.00)	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Solvent Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  Surced Funds and Support Payments Funds received on closure of Diocese of St Andrews,	(1,960.00)	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered	(1,960.00) - 784.00	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity	(1,960.00)	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity  Payment to support ongoing operations of Diocese of	(1,960.00) - 784.00	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity  Payment to support ongoing operations of Diocese of St Andrews, Dunkeld and Dunblane with Brechin	(1,960.00) - 784.00 14,824.35 (2,500.00)	
6 Subscription	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity  Payment to support ongoing operations of Diocese of	(1,960.00) - 784.00	
6 Subscription 7 Diocesan So	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity  Payment to support ongoing operations of Diocese of St Andrews, Dunkeld and Dunblane with Brechin  Net Current Position	(1,960.00) - 784.00 14,824.35 (2,500.00)	
6 Subscription 7 Diocesan So	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity  Payment to support ongoing operations of Diocese of St Andrews, Dunkeld and Dunblane with Brechin  Net Current Position  pport Payments  Payment to support ongoing operations of Diocese of	(1,960.00) - 784.00 14,824.35 (2,500.00) 12,324.35	
6 Subscription 7 Diocesan So	The Central MU Donations Fund saw no activity during the year.  Direct Debit Subscriptions collected for Province Subscriptions paid to Central MU Subscriptions paid to Scottish Dioceses  Net Current Position  urced Funds and Support Payments  Funds received on closure of Diocese of St Andrews, Dunkeld and Dunblane with Brechin Registered Charity  Payment to support ongoing operations of Diocese of St Andrews, Dunkeld and Dunblane with Brechin  Net Current Position	(1,960.00) - 784.00 14,824.35 (2,500.00)	

#### NOTES:- RESTRICTED/DESIGNATED FUNDS

	Balance at 31 December			Balance at 31 December
	2021	<b>Income</b>	<b>Expenditure</b>	2022
<u>Fund</u>	$\underline{\mathbf{t}}$	$\underline{\mathbf{\mathfrak{t}}}$	$\underline{\mathbf{\mathfrak{t}}}$	$\underline{\mathbf{\mathfrak{t}}}$
Retreat	3,740.49	2,510.00	(4,219.34)	2,031.15
Training	553.61	-	(75.00)	478.61
General Meeting Trip	752.69	-	-	752.69
<b>Central MU Donations Fund</b>	-	-	-	-
Total	5,046.79	2,520.00	(4,294.34)	3,263.45
<b>A&amp;O</b> Designated Fund	219.97	-	-	219.97
StADDwB Designated Fund	-	14,824.35	(2,500.00)	12,324.35

A Restricted Fund is money that has been given for a particular purpose.

A Designated Fund is money the Trustees will generally use to support a particular purpose, but there is flexibility for them to use it for other purposes. The A&O Designated Fund arose as a result of the closure of the Mothers' Union Diocese of Aberdeen & Orkney as a registered charity. The Trustees use this money to support the ongoing work of this Diocese. Similarly, the StADDwB fund arose from the residual funds on closure of the Diocese of St Andrews, Dunkeld and Dunblane with Brechin as a registered charity and the funds will generally be used to support the work of this Diocese.

The receipts in the Retreat Fund are paid by members and others to cover the costs of accommodation and expenses for the Provincial Retreat and the expenditure is those costs. The fund aims to break even. After two years of cancellations due to COVID-19 restrictions, the Retreat was able to go ahead in 2022. Many retreatants had paid in prior years, so the fund shows a deficit due to all the costs being incurred in the year while nearly half the related income had been paid in prior years.

The Training Fund meets the cost of training members and travel expenses to Provincial Meetings. There were no physical meetings this year due to COVID-19 restrictions. The expenses paid were for attendance by two representatives of the Province at online domestic abuse training provided by recognised training providers.

The Province has facilitated the attendance by members at the Mothers' Union General Meeting. This fund arose because of small surpluses being made over many years. The surplus in the Fund has been retained to facilitate attendance at the Mothers' Union General Meeting in future years. However, there is little prospect of any trips being organised in future so the trustees may consider closing the fund and using the money for other work.

The Central MU Donations Fund saw no activity during the year.

### **NOTE:- BASIS OF ACCOUNTING**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).